



**Pre-approved CEC CHART – May 8-10<sup>th</sup>, 2020**

*(The following organizations have awarded the following CECs for ACTIVATE FitCon 2020)*

Session	canfitpro*			YMCA*	NSCA	CSEP
	PTS	FIS	HWL		0.8CEUs	
2001 – Takes Two to Tango	1	1	1	1.5	0.15	Approved for 7.5 PDCs
2002 – Evaluation and Treatment Shoulder Injuries	1	1	1	1.5		
2003 – Chronic Disease, Dysfunction, Pain and Imbalances	1	1	1	1.5		
2004 – Beyond Formats and Techniques	1	1	1	1.5		
2005 – The IT Factor	1	1	1	1.5	0.15	
2006 – Amp it Up!	1	1	1	1.25	0.15	
2007 – Periodization for Fat Loss vs Hypertrophy	1	1	1	1.25	0.15	
2008b- Growing your Fitness Business with Instagram						
2009 – The Fundamentals of EQualizer and Versatile Training	1	1	1	1.25	0.15	
2010 – Foundations of Functional Fitness	1	1	1	1.5	0.15	
2011 – Find it, Fix it! For the Feet	1	1	1	1.5	0.15	
2012 –Solving the Mindset Mystery	1	1	1	1.5		
2013 – Mini Band Fitness and Dance	1	1	1	1.5		
2014 – Muscles in Motion	1	1	1	1.25	0.15	
2015 – Anti- Sitting	1	1	1	1.25	0.15	
2016 – Is Your Business Set Up to Win?	1	1	1	1.25		
2017 – Home Fusion	1	1	1	1.25	0.15	
2018 – Meaningful Mornings	1	1	1	1.25	0.15	
2019 – Pain Redefined	1	1	1	1.25		
2020 - Mastering the Game of Growth	1	1	1	1.25		
2021 – Brazily	1	1	1	1.25		

NOTE: You must have watched entire session to obtain CECs. An official CEC certificate will be sent to you within 14days following the event. Other organizations may recognize the CEC's from ACTIVATE FITCON 2020. It is the participant's responsibility to apply for accreditation and pay any associated fees for any other organization not listed in the chart. \*a maximum of 4 CECs can be reported to canfitpro for each certification held PTS, HWL, FIS (this is their annual requirement). CECs are not reported automatically. You must submit at time of your renewal. YMCA CECs are External and will only be awarded with the submission of an official Certificate of Completion from the ACTIVATE, at the time of YMCA re-certification.